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### Contact:

Archives & Special Collections  
Waidner-Spahr Library  
Dickinson College  
P.O. Box 1773  
Carlisle, PA 17013

717-245-1399

[archives@dickinson.edu](mailto:archives@dickinson.edu)

# Dickinson College

# Women's Newsletter

published by the Advisory & Planning  
Committee on Women's Programs

## WOMEN'S HEALTH CARE FACT SHEET

### I. In-Town Gynecologists

Dr. Ivan Beachy and Dr. Konrad Kemphe, 816 Belvedere Street, 243-3307.  
Dr. David Evans and Dr. William West, Belvedere Medical Center, 249-2811.

Expect to wait 1-2 weeks for any non-emergency appointment. A pelvic exam with Pap Test will cost \$18.00 or more.

### II. On-Campus Women's Counselor - Barb Chaapel

Barb does problem pregnancy counseling, abortion referral and counseling, has birth control information, and runs programs on human sexuality. Any dealings with her, as with Family Planning or a private gynecologist, are completely confidential.

### III. Carlisle Family Planning, 114 N. Hanover Street (next to Giant Foods), 243-0515.

Gynecological services including Pap Test for vaginal and uterine cancer, breast examination for cancerous lumps, pelvic exam and pregnancy testing (results the same day, \$3.00), screening for anemia and V.D., contraceptive methods including the pill, IUD, diaphragm, foam and condoms (free for the asking in the office), referral for the natural family planning method. Counseling and supplies for all contraceptive methods (pills \$1.00 a cycle) and problem pregnancy counseling.

Current policy is that no more than 1/2 of any clinic (which is held weekly) may be college students. Fees are on a sliding scale based on income. However, no one is ever turned away. The office prefers to treat patients who cannot afford a private gynecologist.

### IV. Health Center

The Health Center will do pelvic exams and the only cost is the lab work. (\$6.00 for a Pap Test.)

### V. Pennsylvania Health Department V.D. Testing and Treatment - (Carlisle) 243-5151 or (Harrisburg) 717-787-8092.

The Women's Commission has been working to get a gynecologist on campus and has convinced the administration that one is needed. However, there is no funding for any new programs.

Birth Control and V.D. booklets are available in the Office of Student Services.

- Compiled by Sarah O'Neill

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### AWAY FROM THE WOMB

By the end of my freshman year, I had realized that I was not destined to be one of those persons who spends four years at Dickinson willingly. In September of 1974, I escaped to England, mecca of all romanticists and literature fanatics. The need to leave Dickinson is hard to explain to those of you who stay; let me phrase it as a need for personal reincarnation. Remember Margaret Beals' improvisation of reincarnation -- being told how she's to look and who she'd be? I took matters into my own hands. I felt that I had had a two year gestation period and that I wanted the term to come to an end in a new environment. For those of you

who are looking askance, it's by no means a new idea. Mary Tyler Moore did it six years ago when she moved from St. Paul to Minneapolis, and she's about as unreactionary and normal as they come.

Last September I left, and this September I'm back. So what's the big deal? Why the fanfare? Should I lead into this like a magazine ad for Ayds -- "This can happen to YOU!?" With a flourish and certainly with pride, may I announce that I grew up. No, more than that, because I've been doing that for twenty-one years. I have come to terms with myself as a person, a woman, in relation to my world - any world.

We are an amazing generation. We have run the gamut of Betsy Wetsys to Barbies, in toys and in moralities. Doors that swing open for us automatically once fractured our mothers' noses in the slamming. But in this sudden new scope lies the unknown, and it is there for all of us. You needn't be a feminist, or disgruntled. All of us can become extraordinary new persons, even forging our own new life styles. This X variable of the unknown should harrow up thy soul, freeze thy young blood, and more. It should make you hesitate, and think.

My consciousness having been raised to this point at a tender age by, of all persons, my mother, I precociously wanted to hurry the confrontation with X, and face this feminine abyss. Picking up all, I placed myself in a new environment, and let the newness wash over me until I was too stunned to move.

The newness was, more than anything, having no one to answer to but myself. Consequences, good and bad, were mine by blame. Perhaps it wasn't England that changed me; perhaps it was independence. We're on our own at Dickinson, but there's an accepted life style that most people adhere to, and parents are within panic distance. So, I developed my own life style. I met a young Oxonian scholar (B.A. Dickinson College 1973, if you can believe it), and we gave dinner parties, socialized, and went for weekends at homes of English friends. Paralleling this domestic scene was a voracious reading of Doris Lessing and Margaret Drabble. My dam broke when I met the wife of a friend in the shop where I worked on the afternoon after I'd finished Lessing's *Golden Notebook*; she introduced her friend as "another Merton wife" and I was "soon to be a Pembroke wife". The difference between my thoughts and my life skyrocketed me into shock.

I saw her picture of me. Simply, she saw me as someone domestically ordinary. I saw my ultimate picture of myself, the slim New York executive with money, power, praise, and prestige. And I was terrified. My eventual solution was not one that was reached after a few nights of sleeplessness, or after miles of pavement pounding. The problem grew into the solution.

My alternatives seemed to be two extremes, and I was well aware of the limitations of each. Free Women à la Lessing are radicals of thought, often shunned and unhappy. The domestic, in the style of Marabel Morgan's *Total Woman*, sacrifices self for husband and family.

My revelation came when I realized that I didn't have to bend myself to any mold, but that they could be bent for me. A little of each, then. Successful career with husband and children. Flexibility and freedom. I am not an extraordinary person; there are hundreds of people like me, very talented in much, honestly gifted in nothing. (My autobiography---*I Was A Piano Lesson Dropout*.) But so what? I am ordinary, at the same time being more than ordinary. Somehow, most importantly, by facing my crisis, I am not afraid of my own future anymore. I shall never strive to be boringly ordinary, but I am suddenly calm enough to accept and work with my own limitations.

With all this came spring, and England, and I budded and branched with ease and sure knowledge that we did what was right. I join Robert Browning in public sentiment about England in the spring.

All of this is not impressive because it happened while I was in England. Indeed, all of this may sound strikingly unimpressive. But, it's been an internal change, and it is beautiful just because it did happen, and I did cope.

The moral of this sermon and epistle is not to Go To England And You Will Find Inner Peace. What I want to express is a delight and pride in growth. I wish that I could share it; I hope that you feel it.

- Mary Hollis Lubin  
28 September 1975

POEMS by Brooke

Going to sleep. . . . .  
I think of why and can only find because. . .  
Because I'm lonely,  
Because I'm happy,  
Because I'm cold,  
Because I'm young,  
Because I'm a girl. . . . .  
Going to sleep I think of why and find only because. . .  
Waking up - I greet the sun and keep searching. . . .

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There's a flower blooming inside me.  
As it unfolds, I feel the joy.  
I feel a surging warmth that grows and GROWS!  
There's a flower blooming inside me.  
It's bright and new; a new toy.  
And I'm the only one who knows!  
There's a flower blooming inside me.  
Look!

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Mother and Child by Patrice Reichert

She suckles my breast  
drawing off  
my tears and pain.  
I am too full.

Her hands reach out.  
I hold her.  
Milk drips from her  
greedy mouth like tears.  
Perhaps, she, too, is tired.

My lower back is aching, again.  
She shall ache as I do now.  
Pains will swell in her,  
Summer melons in a garden.

She has fallen asleep.  
She is full.  
I am full.

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Male and Female Communication

talk  
talk  
real talk  
talking really?  
really really  
talking  
talking  
being honest  
being open  
each to the other  
each IS to the other  
so confirming  
each to each other  
as each was meant to be.

To think  
that I could say  
the things I think  
would be  
to think too much.

To say that I do think  
the things I say  
would be  
to say too much to you.

- Sarah O'Neill

The Office of Student Services and the Counseling Center are co-sponsoring a Women's Career Trip to Philadelphia on Friday, October 24th. This trip will provide a live, practical encounter with the job-hunting experience. If interested, sign-up in Student Services.

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The National Public Broadcasting System in Hershey, Channel 33, presents the program Women every Tuesday night at 10:30 p.m. Upcoming topics will include "Women's Right To Vote," "Sisters In Crime," and a feminist art show. For more specific details check the newspaper.

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CALENDAR OF FORTHCOMING EVENTS OF INTEREST TO WOMEN OF DICKINSON COLLEGE

Check the monthly calendar or the "Campus Clipboard" for more complete information.

October 17	Noon	Carry-your-tray lunch to meet women students and professional women. Siderooms.
October 24	All Day	Career Workshop in Philadelphia.
October 24	Noon	Carry-your-tray lunch to meet women students and professional women. Siderooms.
October 29	Noon	Short film: "Included-Out". Discussion and carry-your-tray lunch in siderooms.
November 2	Evening	Discussion in Kisner-Woodward on Male-Female Roles.
November 3	Noon	Open lunch with Sherry Ortner, Anthropologist from Sarah Lawrence.
November 3	4:00 p.m.	Sherry Ortner speaks on "Symbolism and Women".
November 7	Noon	Carry-your-tray lunch to meet women students and professional women. Siderooms.
November 13	Early Afternoon	Carol Smith-Rosenberg, Psycho-Historian from Penn, will appear at an informal session.
November 13	Later Afternoon	Ms. Smith-Rosenberg will deliver paper.
November 14	Noon	Carry-your-tray lunch to meet women students and professional women. Siderooms.
November 21	Noon	Carry-your-tray lunch to meet women students and professional women. Siderooms.
December 3	Afternoon	Adrienne Rich discusses women in the college setting.
December 3	8:00 p.m.	Adrienne Rich poetry reading.

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The Dickinson Women's Newsletter is now in the process of expansion. Having made first contacts with Gettysburg, Franklin and Marshall, and Wilson women, we hope to include them in upcoming issues. The Consortium Newsletter will contain things of interest to women from all four schools. If anyone is interested in this or other related projects, please contact Shellie Goldberg at Box 998 or Extension 439.

Staff and contributors to this issue of the Dickinson Women's Newsletter:

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|---------------------------|-------------------|--------|
| Shellie Goldberg (Editor) | Mary Hollis Lubin | Brooke |
| Sarah O'Neill             | Patrice Reichert  |        |