

# **LGBT History Project of the LGBT Center of Central PA**

**Located at Dickinson College  
Archives & Special Collections**

**<http://archives.dickinson.edu/>**

## **Documents Online**

**Title:** *Lavender Letter (Harrisburg, PA)*

**Date:** August 2002

**Location:** LGBT-009 Lavender Letter Collection

**Contact:**

LGBT History Project  
Archives & Special Collections  
Waidner-Spahr Library  
Dickinson College  
P.O. Box 1773  
Carlisle, PA 17013

717-245-1399

**[archives@dickinson.edu](mailto:archives@dickinson.edu)**

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MECHANICSBURG, PA. 17055

# LAVENDER LETTER

NEW PHONE:  
(717) 303-0425  
E-MAIL  
LAVLET4WOMYN@AOL.COM

Volume 20 No. 8

A Calendar of Events for and by Womyn

August, 2002

## ACTIVITIES....

**FRIDAY - SUNDAY**

**AUGUST 2 - 11**

**MUSIKFEST: AMERICA'S MUSIC FESTIVAL  
BETHLEHEM, PA.**

The goal of Musikfest is to bring you the world of music in 10 fabulous days. From Bach to rock, and everything in between. There will be 1,000 performances, of which the vast majority are FREE! Peter, Paul & Mary, Shaggy, Hootie & the Blowfish, Lifehouse, Michael Bolton, Shawn Colvin, The Guess Who, Live, and many more! Check out their website: [www.musikfest.org](http://www.musikfest.org), or call (610) 332-FEST for more information.

**SATURDAY, AUGUST 10**

**8TH ANNUAL**

**GAY DAY AT KNOEBEL'S GROVE**

11 AM...Bring a covered dish! Hot dogs and tableware will be provided. Covered dish lunch and raffle at 3 PM at Pavilion T-10. Gay Day is sponsored by American Mosaic (not Knoebel's Grove). For questions and directions please e-mail Rick at: [gayspirit@hotmail.com](mailto:gayspirit@hotmail.com), or call Susan at (570) 322-7607.

**SATURDAY, AUGUST 10**

7 PM...Lancaster Ladies Night Out meets for good food with good folks! Singles and couples are welcome! Call Shirley at (717) 560-6817, or e-mail [snoac@aol.com](mailto:snoac@aol.com) for reservations by Wednesday, August 7.

**SATURDAY, AUGUST 17**

5:30 PM...The Lesbian Alliance of South-Central PA potluck. Singles and couples are welcome! Please call (717) 792-6594 for directions.

**SUNDAY, AUGUST 18**

4 PM...Lebanon County Lesbians Social Group and Potluck. Singles and couples are welcome! Call Marie at (717) 865-6944 for more information.

**WEDNESDAY, AUGUST 21**

7 PM...Gay and Lesbian Switchboard of Harrisburg monthly meeting. If you are interested in working with GLSH in it's continuing stand for the community, I encourage you to get involved! For more info: (717) 234-0328, or e-mail [info@AskGLSH.com](mailto:info@AskGLSH.com).

**TUESDAY - SUNDAY**

**AUGUST 13 - 18**

**MICHIGAN WOMYN'S MUSIC FESTIVAL**

The mother of all womyn's music festivals! All your favorite entertainers will be there! Ubaka Hill, The Butchies, Patty Larkin, Holly Near, Lea DeLaria, and many more! Need all the details? Check out their website: [www.michfest.com](http://www.michfest.com).

Women who are going to Michigan who have space for riders, or women who are looking for someone to ride with and share expenses can contact The Center for Women's Creative Expression at (717) 238-6244 or e-mail [womencreate@aol.com](mailto:womencreate@aol.com). The Center will hook people up as they can, or if there are enough women who need reliable transportation they will look at renting an appropriate vehicle.

**THURSDAY - SUNDAY**

**AUGUST 22, 23, 24, & 25**

**45TH SEMI-ANNUAL GETTYSBURG BLUEGRASS  
FESTIVAL**

The festival is at Granite Run Campground near Gettysburg. For those of you who are into bluegrass this is a great festival! Patty Loveless and Rickey Scaggs are just 2 of the many performers who will be appearing at the festival. They have bluegrass workshops too! Check out their website for the complete schedule of performances and workshops: [www.gettysburgbluegrass.com](http://www.gettysburgbluegrass.com), or call 1-800-642-TENT or (717) 642-8749.

**SATURDAY, AUGUST 31**

5:30 PM...Harrisburg Ladies Night out. Join us for good food and a fun night out! Singles and couples are welcome! Call (717) 303-0425, or e-mail [info@lavenderletter.com](mailto:info@lavenderletter.com) by Wednesday, August 28 for reservations.

## Upcoming Events....

**FRIDAY - SUNDAY**

**SEPTEMBER 27, 28, & 29**

**WOMEN'S WEEKEND**

**MAUCH CHUNK LAKE STATE PARK**

The Susquehanna Club is listing this camping trip! It's developed camping with hot showers and flush toilets. No pets/alcohol allowed. This is at Jim Thorpe, PA. The Lehigh River carves through in a steep-walled canyon. The deep gorge, thick vegetation, rock outcroppings, and many waterfalls characterize the entire park. It is one of the most scenic rivers in America and features whitewater rafting. Visitors who like adventure will also love hiking or mountain biking on more than 25 miles of abandoned railroad grade that follow the river. Fall color should begin at this time. Check it out at: [www.dcnr.state.pa.us/stateparks/parks/l-gor.htm](http://www.dcnr.state.pa.us/stateparks/parks/l-gor.htm). Susquehanna Club member cost is \$20 and non-member is \$25. You can register for this trip at: [www.susq.org](http://www.susq.org). Register soon!

**SUNDAY, OCTOBER 6**

**ATLANTIC CITY BUS TRIP**

SDT Enterprises, a lesbian owned and operated business, has arranged a bus trip to Atlantic City. Cost is \$30 with a cash voucher given at the casino. Bus leaves at 7 AM from the Service Merchandise parking lot between Lititz Pk. and Oregon Pike just south of Rt 30, Lancaster. Bus will return at 7 PM. Price includes snacks, goodies and drinks. For more info please call (717) 687-3850 after 4 PM, Tuesday thru Sunday.

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Pastor Eva O'Diam

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## Spirituality....

### WORSHIP SERVICES

...MCC of the Spirit, 2973 Jefferson St. Hbg. Every Sunday 10:30 am & 7 pm. Call (717)2367387 for information. We offer Christian educational sessions that nurture the whole person, call for details and special events. Website: [www.mccofthespirit.org](http://www.mccofthespirit.org).

...Unitarian Universalists of the Cumberland Valley, Sundays, 10:30 am at the Meeting House, 2 Forge Rd. in Boiling Springs, PA 17007. Children's program runs concurrently. Fully accessible. Rev. Judy Welles & Rev. Duane Finkelsen, ministers. For info call (717) 249-8944, or write: PO Box 207, Boiling Springs, PA 17007. Web site: [www.uucv.org](http://www.uucv.org).

...Unitarian Universalist Church of Lancaster, Sundays, 9 am & 11 am. Rev. M. Susan Milnor. 538 W. Chestnut St., Lancaster. (717) 393-1733. E-mail: [UUCL@epix.net](mailto:UUCL@epix.net). Website: <http://members.tripod.com/~uulancpa/index.htm>.

...Unitarian Universalist Congregation of York, 925 South George St. York, 17403. (717) 845-8212. Services Sunday 10 am. Rev. Robert Renjilian, Childcare & religious education for youth provided. Welcoming Congregation.

...Unity Center For Spiritual Growth, 927 Wertzville Rd., Enola, PA 17025 Services: Sundays 9 am & 11 am. (717) 691-0300 or e-mail: [unity@bbimaging.com](mailto:unity@bbimaging.com). Unity is a culturally diverse spiritual community, promoting positive life transformation & recognizing that all people are one in God. Website: [www.unitychurchharrisburg.com](http://www.unitychurchharrisburg.com).

...Vision Of Hope MCC, 130 E. Main St. Mountville, PA. 17554. Services: Sunday at 10:30 am & 7 pm. Morning Children's Sunday School. Call (717) 285-9070. E-mail: [REVDCOGGIN@aol.com](mailto:REVDCOGGIN@aol.com)

...Unitarian Church of Harrisburg, Sundays 10:30 am. 1280 Clover Lane, Harrisburg, PA. (717) 564-4761. We are a liberally religious "Welcoming Congregation". Our Interweave Committee promotes acceptance & affirmation of GLBT concerns. Please join us. E-mail: [uch@paonline.com](mailto:uch@paonline.com). Website: <http://www.paonline.com/uchuaa/>.

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# CENTER PIECE

## LAVENDER LETTER

August, 2002

### Support Groups...

...PFLAG YORK meets at 750 Kelly Dr. (the former Lutheran Home building) at 7 pm on the first Tuesday of the month. Call Don & Pat (717) 843-3793, or Charles & Judy at (717) 846-7633 for directions or to be placed on the mailing list.

...NETWORK and FORUM for lesbians of Catholic heritage. A web site of the "Conference for Catholic Lesbians" (CCL) is now up & running. CCL was organized in 1982, published a monthly newspaper, "Images" and held many national conferences in different parts of the country. IF YOU ARE SEEKING...to connect with others on a spiritual journey for strength & support...to learn how other women celebrate being Catholic & lesbian...to express what's on your mind & in your heart to others who have shared your experience & understand...please join us at catholiclesbians.org. For other information from a member in the Harrisburg area, you can e-mail: cathlesRU12@aol.com, or leave a message in the CCL "Guestbook".

...The Unity Center for Spiritual Growth has an Alternative Lifestyles Support Group that meets every 2nd & 4th Friday evening of the month. We start at 7 pm at the Unity Center for Spiritual Growth on Charles St. in Mechanicsburg, PA, which is behind the Trindle Bowling Alley on Trindle Rd. This is a spiritual as well as a social group. Interested folks can contact the church at (717) 691-0300, or Sandy at sansmagic@aol.com.

...Common Roads, formerly known as BiGLYAH, is a support group for teens & young adults in the Central Pennsylvania area who need a place to fit in, a place where their sexuality will not be held against them. The group consists of many different people from ages 14-24 & is led by multiple facilitators. We meet every Friday to talk about our problems, our good times, and to simply have fun! For more information visit our website: [www.commonroads.org](http://www.commonroads.org).

...PFLAG Central Pennsylvania meets monthly. For more information e-mail: [pflagcenpa@yahoo.com](mailto:pflagcenpa@yahoo.com), or call daytime (717) 795-0330. Their 24-hour hotline is: (717) 728-8800.

### Activism....

...NOW, York Chapter, meets on the 3rd Wednesday of each month (no July or August meeting) in the Carriage House of the Unitarian Universalist congregation at 950 South Duke St. in York. Call Peg or Delma at (717) 846-2089, or Linda at (717) 852-7586 for info/directions.

...HRC (Human Rights Campaign), is the largest national lesbian and gay political organization, with members throughout the country. We effectively lobby Congress, fight anti-gay initiatives, and educate the public to ensure that lesbian, gay, bisexual, and transgender (LGBT) Americans can be open, honest, and safe at home, at work, and in the community. Please visit us at: [www.hrc.org](http://www.hrc.org).

...Lambda Legal is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, the transgendered, and people with HIV or AIDS through impact litigation, education, and public policy work. Please visit us at: [www.lambdalegal.org](http://www.lambdalegal.org).

...National Gay and Lesbian Task Force (NGLTF) is the national progressive organization working for the civil rights of gay, lesbian, bisexual and transgendered people, with the vision and commitment to building a powerful political movement. Please visit us at: [www.nglft.org](http://www.nglft.org).

### Social Groups...

...The Central Pennsylvania Womyn's Chorus rehearses at 7 pm on Monday evenings in Mechanicsburg. Find out how much fun Monday nights can be! For directions & more info, leave a message at (717) 234-4825, or see the chorus web site, [www.cpwchorus.org](http://www.cpwchorus.org), or e-mail: [info@cpwchorus.org](mailto:info@cpwchorus.org).

...Shippensburg Circle. Women from the Shippensburg, Carlisle & Chambersburg area get together monthly. Connect through our e-mail list or phone. To get info or put yourself on our list, call (717) 530-1743, or e-mail: [lkuj125@innernet.net](mailto:lkuj125@innernet.net).

...Book Discussion Group. If you like to read...join our book club. We meet the 2nd Sunday of the month at 6 pm. Call Caroline (717) 545-3164 for this month's book & meeting place.

...The Lesbian Alliance of South-Central Pennsylvania. Activities include potlucks, bi-monthly newsletter, media liaison, & any other event that the group is willing to take on. Membership dues are \$10 per household. To get on the mailing list or for more information, call Kate or Cindy at (717) 848-9142.

...HOWL (Hanging Out With Lesbians), is a diverse group of non-smoking womyn with various interests. They do just about everything from camping to concerts, frisbee, fireside chats, horseback riding, snow tubing, movie nights, you name it! These womyn know how to have fun! You can visit their website: [www.homestead.com/howlofpa/index.html](http://www.homestead.com/howlofpa/index.html).

...BAGAL (Business Association of Gays and Lesbians) is a South Central Pennsylvania Association of Lesbian & Gay professional & business people offering networking, social & community service opportunities for its members & friends. BAGAL meets every other month & prospective members are invited to attend their first meeting free of charge. Annual dues are \$25 per year & payable to "BAGAL". For more information, address questions and/or payments to: BAGAL, PO Box 135, Harrisburg, PA. 17108-0135, or call (717) 612-8445.

...Susquehanna Club, Mid-Atlantic Lesbian & Gay Outdoors Club, was conceived for the lesbian, gay men, bisexual & transgendered community members & their friends. We go hiking and camping throughout the Mid-Atlantic region. We have and continue to provide a "safe space" for LGBT people. Participants are asked to respect fellow participants comfort as to the degree of "being out" both during activities and elsewhere. Membership is \$10 per year for individuals and \$15 per year for couples. Address: 503 General Sutter Ave., Lititz, PA. 17543, or visit us at: [www.susq.org](http://www.susq.org).

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## FYI....

...Harrisburg Women's Rugby Club is looking for players for Summer and Fall league play. No experience is necessary! E-mail: rugbydog34@aol.com.

...Harrisburg Gay Men's and Women's Volleyball - social/recreation. Every Wednesday at 6:30 pm - 9:30 pm. Baughman United Methodist Church, New Cumberland. Cost: \$2.50, contact Jim at (717) 233-3172.

...Pennsylvania Association of Gay, Lesbian, Bisexual and Transgender Issues in Counseling, is looking for new members. Are you a consumer of mental health services, or a mental health professional? Do you have an interest in improving the delivery of high quality mental health services to the gay, lesbian, bisexual and transgendered communities? If so, a group of Pennsylvania counselors would like your help. They are looking for new members, both professionals and consumers, who can help support our mission of promoting a greater understanding of gay, lesbian, bisexual, and transgendered issues among members of the counseling professions, and developing and implementing educational programs and publications that support our community. If you have an interest, either personal or professional, in these issues, please contact Lisa Slobodian at slobodian@blazenet.net for more information.

### REHOBOTH ANYONE?

The ladies at SDT Enterprises still have seats available for the bus to Rehoboth on August 11! For more information please call (717) 687-3850 after 4 PM, Tuesday thru Sunday.

...The Central Penn Blades Women's Ice Hockey team in Lancaster is currently recruiting new members for our 2002-2003 season which begins in October. We practice year round every Tuesday evening from 7:45 PM-9:15 PM. Full equipment is advisable, but we have some extra equipment for loan if you don't have anything. No prior skating experience is necessary. The rink also runs beginner clinics for men and women who need to update skills or just learn the basics. If interested please contact Denise at (717) 273-0345, or check out the website at [www.centralpennblades.com](http://www.centralpennblades.com) Directions to the rink are available on the website.

## Introducing....

[www.AskGLSH.org](http://www.AskGLSH.org)

The new website for the Gay and Lesbian Switchboard of Harrisburg! On this website you will find online Central PA resources, a calendar of events, and information about Pride Festival of Central PA. The Switchboard resource information covers the geographic regions including Harrisburg, Lancaster, York, Reading, Williamsport and State College. It's a great website! Check it out! Get connected to your community!

[www.cammermeyer.com](http://www.cammermeyer.com)

This is the website for Grethe Cammermeyer, whose autobiography, *Serving In Silence* was published in 1994, followed by the movie starring Glenn Close. The Lavender Letter's webmistress, Wee Baby Moon, was chosen by Grethe to design her website. What an honor for Wee Baby Moon! This is a must see website! It's great!

## Classified Ads

**FOR RENT...** Available Aug. 1. Small 2 bedroom townhouse in Wrightsville. W/D hookup. W/S/T included. References & security deposit required. No pets. \$140.00 a week. (717) 252-9473

**HEALTHY LIVING WORKSHOP...** Are you ready to...increase self awareness? Identify ways to improve your body, mind and soul? Examine how you spend your energy and create balance. Interested? Available August 3, 2002? Call (717) 260-0202.

## MONEYtalk....

**The High Cost of Selling at Market Lows - Reacting to News Headlines May Prove Costly.**

(Provided by AIM Mutual Funds and Janney Montgomery Scott)

The litany of bad news in recent times may entice you to make big changes to your investment portfolio. But changing your focus now could cost more than you thought. Before making any moves, you may want to consider the following points.

**Missing the upside potential** - As investors are now aware, stock market drops can be steep and quick. But the markets can rise just as steep and fast. While past performance is no guarantee of future results, some of the largest stock market gains in history have happened over the course of a single day. Investors who sell on the dips guarantee themselves that they will miss out on any future upside gains.

**Locking in losses** - By selling off investments after a market drop, you are locking in those losses. Historically, patient investors have been rewarded by the long-term performance of the stock markets despite occasional and sometimes severe market volatility.

**What now?** - Investors who do not cash out now face another dilemma: when to get back in the market. Waiting on the sidelines trying to predict when the market will hit bottom has proved to be an inexact and ineffective science.

**Focus on the long term** - Are you retiring today? Is your child's tuition due next week? Review your financial goals and reaffirm why you started investing in the first place. Your time horizon and goals are two of the most important factors in determining how you should invest.

It is important to consider these matters before making any rash decisions that you may later regret. If you are uncertain as to how to proceed, an advisor may be able to help steer you in the right direction and avoid potential and sometimes costly mistakes.

## AUGUST at the Pink Lizard

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THURSDAY, SEPTEMBER 5

8PM - 10PM



- Fri-Aug 2 9PM DJ NANCY spins Classic Disco
- Fri-Aug 16 9PM MISS KEYSTONE PAGEANT
- Fri-Aug 23 8-11PM KATE & CJ... one of our favorite acoustic duos ...  
*always a good time!*
- Fri-Aug 30 10PM INGENUE DRAG SHOW

Sunday- Tuesday CLOSED  
Wednesday & Thursday 7PM - ?  
Friday & Saturday 7PM-2AM  
(DJ at 9PM)

891 Eisenhower Blvd, Harrisburg, PA phone: 717-939-1123 [pinklizard891@aol.com](mailto:pinklizard891@aol.com)



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## Health Spotlight....

### DID YOU SEE MY CAR KEYS?

I know they are around here somewhere! Hmmmm, I can't remember what I did with them. Memory problem? This has happened to all of us at one time or another. Is it genes, age, busy lifestyle, or your diet? Much has been written lately about the importance of diet and your brain. Apparently what you eat affects how clearly you think and concentrate, your intelligence level, memory, and reaction time, and even how quickly your brain ages. The brain is a hungry tissue. Although it only makes up 2% of total body weight, it uses up to 30% of the day's calories. Your brain is also fussy about what you eat, demanding that all its energy come from high-quality carbohydrates. Your brain burns this quick fuel even while you sleep, so eating breakfast is the best way to re-stock fuel stores and prevent a mental fog later in the day. Avoid high-fat or big meals that divert the blood supply to the digestive tract and away from the brain, causing sluggishness and fatigue.

It seems dieting makes you dumb. Crash diets do more than deprive you of calories, they deprive you of smarts as well. Researchers in Great Britain report that women on very low calorie diets process information more slowly, take longer to react and have more trouble remembering sequences compared with non-dieting women. They say losing fat the old-fashioned way, gradually, and no more than 2 pounds a week, allows you to lose fat not muscle, keep it off, and stay clear-headed in the process.

Exercise is another good thing you can do for your brain. Why? Exercising keeps the heart strong and blood vessels open, which makes sure that brain cells get all the nutrients they need for peak performance.

So what else should you do to boost your brain power? Make sure you are taking at least 15 milligrams of iron daily, and don't forget your B vitamins, Vitamin C and E. Eat a balanced breakfast every morning, take it easy on the caffeine, and include these "smart foods": extra-lean red meat, cooked dried beans & peas, dark green leafy vegetables, dried apricots, nonfat milk, nonfat yogurt, wheat germ, bananas, seafood, whole grains and green peas, orange juice, strawberries, carrots, spinach, cantaloupe, and other dark-colored fresh fruits and veggies.

Next month: More about boosting your brain.

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