LGBT History Project of the LGBT Center of Central PA

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LAVENDER LETTER

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Volume 24 No. 1

A Calendar of Events for and by Womyn

January, 2006

Activities....

SUNDAY, JANUARY 1 NEW YEAR'S DAY

Ringing in the new year - 2006! Pork & sauerkraut! Football!

SUNDAY, JANUARY 1

2 PM...Chambersburg Ladies Night Out with a twist! Kick off the New Year with a "Family" Game Day at the home of Beth & Kris Shupp-George. We have a variet of board games, but if there are folks who prefer spectator sports, we can take the games into the sunroom and turn the living room TV over to the football fans.

We'll be serving black-eyed peas, cornbread, appetizers, desserts, (cheap) beer, wine, and sodas. You're welcome to bring something else to share, if you'd like, but please don't feel obligated. Kids and teens are welcome. Please RSVP to bshuppgeorge@hotmail.com, or call (717) 262-4328 by Friday, December 30. If you need directions Beth would be happy to email them to you.

SUNDAY, JANUARY 8

10:30 AM...Central PA Lesbian Alliance meets at the Cafe in Borders Books & Music, off Mt. Zion Rd. in York. Meet the group for a cup of coffee and some good conversation.

SUNDAY, JANUARY 8 L WORD PREMIERE & POTLUCK

7 PM...Join us as I start up the L Word potlucks again this year. Please bring a dish to share, and I will supply water and soda, paper plates, plastic utensils and the like. This is our 3rd year for the potlucks, we always have a great time. We've even been covered by the Hbg. Patriot News.

We start out with the food, of course, and then we'll view the last episode from last season, take a break, and then we will get ready for the start of Season 3! Please RSVP by Friday, January 6 by e-mail: info@lavenderletter.com, or calling: (717) 691-7533. I will give you my address when you RSVP. Note: I do not live in Harrisburg anymore, so if you think that you will just show up where they used to be, well...you're in for a surprise!

MONDAY, JANUARY 16 MARTIN LUTHER KING, JR. BIRTHDAY

If you would like to learn more about this great man, please visit this website: www.thekingcenter.org. It's a fantastic website!

SATURDAY, JANUARY 21

6:30 PM...Harrisburg Ladies Night Out will be meeting at a local restaurant for good food and good conversation. Singles and couples are welcome! Newcomers too! Please RSVP by Thursday, January 19. E-mail Judy at: info@lavenderletter.com, or call: (717) 691-7533. We will be dining at a downtown Harrisburg restaurant on Restaurant Row.

Upcoming Events....

SUNDAY, FEBRUARY 12

11:45 AM...The Central PA Lesbian Alliance will be meeting for lunch at Isaac's on White Street in York. Please call (717) 846-2089 with your attendance plans.

SATURDAY, FEBRUARY 18

6 PM...The Central PA Lesbian Alliance will have a potluck supper in York. Please call (717) 848-9142 with your attendance plans.

SUNDAY, FEBRUARY 5 SUPER BOWL SUNDAY

Check your favorite local bar to see what time the party starts!

COMMON ROADS EVENT

FINDING HOME JANUARY 13 & 14, 2006 OPEN STAGE OF HARRISBURG

The play is a result of a grant from Jump Street to Common Roads. It is an original script based on interviews and stories from LGBT individuals and their allies who live in Central PA. The stories and interviews were tuned into an original script and will be acted at the Open Stage of Harrisburg.

There will be a reception before the play at 6:30 PM, and the play starts at 8 PM. We at Common Roads are very excited about the staging of the play and hope that local folks will support it. No character will be identifiable as several stories may combine into a single character. Each actor will play several parts.

We are combining the play with a fundraiser on Sunday. We are selling tickets to Brokeback Mountain at the Midtown Cinema in Harrisburg. We are showing the film at 1 PM and 3 PM. People can buy a combo of the play and themovie for \$35, or they can buy the play tickets for \$25 and the movie for \$12. Tickets must be purchased through Common Roads. Please call: (717) 920-9534.

If you need info and directions to Open Stage: www.openstagehbg.com.

Please show your support for Common Roads!

For more information on Common Roads: www.commonroads.org

Spirituality....

WORSHIP SERVICES

...Unitarian Universalists of Gettysburg, UUG holds weekly Sunday services at 10:30 AM at 136 South Stratton St., Gettysburg, PA. Religious education for our young people is a top priority. Nursery care. Everyone welcome. For more information, call (717) 334-2920, or visit: www.uugettysburg.org.

...MCC of the Spirit, 2973 Jefferson St. Hbg. Every Sunday 10:30 am & 7 pm. Call (717)236-7387 for information. We offer Christian educational sessions that nurture the whole person, call for details and special events. Website: www.mccofthespirit.org.

...Unitarian Universalists of the Cumberland Valley, Sundays, 10:30 am at the Meeting House, 2 Forge Rd. in Boiling Springs, PA 17007. Children's program runs concurrently. Fully accessible. Rev. Judy Welles & Rev. Duane Finkeisen, ministers. For info call (717) 249-8944, or write: PO Box 207, Boiling Springs, PA 17007.

...Unitarian Universalist Church of Lancaster, Sundays, 9 am & 11 am. Rev. Valerie Mapstone Ackerman. 538 W. Chestnut St., Lancaster. (717) 393-1733. E-mail: Churchoffice@uuclonline.org Website:www.uuclonline.org.

...Unitarian Universalist Congregation of York, 925 South George St. York, 17403. (717) 845-8212. Services Sunday 10 am. Rev. Robert Renjilian, Childcare & religious education for youth provided. Welcoming Congregation.

Website: www.uucy.org.

...Unity Church, 927 Wertzville Rd., Enola, PA 17025 Services: Sundays 9 & 11 am. (717) 732-9773. Unity is a culturally diverse spiritual community, promoting positive life transformation & recognizing that all people are one in God. Website: www.unitychurchharrisburg.com.

...Vision Of Hope MCC, 130 E. Main St. Mountville, PA. 17554. Services: Sundays at 10:30 am, Prayer and Praise Wednesdays 7 pm, Saturdays 6 pm starting in October. Morning Children's Sunday School. Call (717) 285-9070. E-mail: Pastor Debbie Coggin, RevDebbieCoggin@aol.com, or visionofhopemcc@aol.com.

...Unitarian Church of Harrisburg, Sundays 10:30 am. 1280 Clover Lane, Harrisburg, PA. (717) 564-4761. We are a liberally religious "Welcoming Congregation". Our Interweave Committee promotes acceptance & affirmation of GLBT concerns. Please join us. E-mail: office@uchuua.org. Website:

www.uchuua.org.

...Unitarian Universalist Fellowship Of Pottstown, Sunday services 10 am. 1565 South Keim Street, Pottstown, PA19465.(610) 327-2662.Website: http://members.aol.com/ uupottstown.

...St. Michael Lutheran Church, 118 State St. Harrisburg, PA. (717) 234-0092. Sunday services begin at 10 AM. Fellowship follows the service at 11:15 AM. We are a welcoming congregation. Website: www.paonline.com/stmike.

...Temple Beth Shalom, 913 Allendale Rd., Mechanicsburg, PA. (717) 697-2662. Website: www.tbshalom.org.

...Market Square Presbyterian Church, 2nd and Chestnut Sts. Harrisburg, PA. (717) 257-1270. Church School at 9:30 AM, Sunday Worship at 11 AM. Handicapped access and free garage parking. We are a welcoming congregation. Website: www.marketsquarechurch.org.

Inspiring Quotes....

Tell me, I'll forget. Show me, I may remember. But involve me, and I'll understand.

- Chinese proverb

Attention....

Common Roads and the Women's Circle have teamed up to offer a mentoring program for young lesbians in central Pennsylvania. We are looking for responsible women to serve as mentors in this program. Our goals are to create opportunities for young women to gain skills and become active advocates for themselves and their community and for older women to serve as role models and gain new ways of thinking about all of our experiences.

Over the course of a year, mentors and mentees will participate in activities that are fun and safe, while focusing on important issues for young lesbians. We might watch a film and talk about it together, or spend time with an artist creating shared artwork, take a field trip, play softball, or just have dinner together. In September, the Women's Circle will provide scholarships for participants to attend the annual retreat, held at a camp in northern Lancaster County.

If you care about our community and have a little time to help the next generation become strong and confident young women, please consider serving as a mentor. This might be the most important thing you do in 2006. For details or a copy

of the application, contact Amy Skillman at:

skillman@culturalpartnerships.org, or call (717) 238-1770.

Reminder....

VALENTINE'S DAY FEBRUARY 14

It's time to start thinking about that day NOW. Don't wait until the last minute! Flowers, dinner by candlelight, and......is always a good start. How about a romantic weekend away for the 2 of you? Use your imagination!

...Unity Church, 37 East Main St., Palmyra, PA. 17078 Sunday services at 10:30 AM. Phone: (717) 838-7808, or email:untiyofhershey@cs.com. Dial-A-Prayer (717) 520-9710, changed daily by Pastor Julie Vance. Based on positive, practical Christianity, Unity Church's purpose is to know and express God's peace, joy and love. We have frequent class offerings, guest musicians and special events, in addition to weekly worship services. We welcome you. Please visit us: www.unityofhershey.org.

...St. Macrina's United Church of Christ, Lebanon Optimist's Building, 14th & Washington Streets, Lebanon. Sunday services are at 10 AM. We are a progressive worshipping community honoring Rich Traditions, Honest Questions, Shared Experience. Whoever you are or wherever you are on life's journey, we invite you to St. Macrina's UCC. We are Open and Affirming of all God's people. Our Liturgy includes singing, prayer, conversation, silence, simple dance and Eucharist. Inquiry: (717) 272-7844.



CENTER PIECE



Lavender Letter

January, 2006

Support Groups...

... NETWORK and FORUM for lesbians of Catholic heritage. A web site of the "Conference for Catholic Lesbians" (CCL) is now up & running. CCL was organized in 1982, published a monthly newspaper, "Images" and held many national conferences in different parts of the country. IF YOU ARE SEEKING ... to connect with others on a spiritual journey for strength & support...to learn how other women celebrate being Catholic & lesbian...to express what's on your mind & in your heart to others who have shared your experience & understand...please join us at catholiclesbians.org. For other information from a member in the Harrisburg area, you can e-mail: cathlesRU12@aol.com, or leave a message in the CCL "Guestbook".

... The Unity Church has an Alternative Lifestyles Support Group that meets every 2nd & 4th Friday evening of the month. We start at 7 pm at the Unity Church at 927 Wertzville Rd. Enola. This is a spiritual as well as a social group. Interested folks can contact the church at (717) 732-9773, or Sandy at sansmagic@ comcast.net.

...Common Roads, is a support group for teens & young adults in the Central Pennsylvania area who need a place to fit in, a place where their sexuality will not be held against them. The group consists of many different people from ages 14-24 & is led by multiple facilitors. We meet every Friday at The Center, 221 North Front St., 3rd Floor, Harrisburg, to talk about our problems, our good times, and to simply have fun! For more information visit our website: www.commonroads.org, or call (717) 920-9534.

...PFLAG Central Pennsylvania meets monthly. For more information e-mail: pflagcenpa@yahoo.com, or call daytime (717) 795-0330. Their 24-hour hotline is: (717) 728-8800.

...PFLAG YORK meets at the Unitarian Universalist Congregation of York, 925 South George St. at 7 PM on the third Tuesday of the month. Please call Charles (717) 846-2560, or email: chuckdk753@aol.com, or call Cheryl at (717) 266-4530. for directions or to be placed on the mailing list.

...PFLAG Warrington, PA. meets on the third Thursday of every month at Buxmont U.U. Church in Warrington, PA. For more information about this group, please contact Corinne Thornton at (215) 545-4331, ext. 48.

Activism....

...NOW, York Chapter, meets on the 3rd Wednesday of each month. Call Peg or Delma at (717) 846-2089, or Kathy at (717) 845-4086 for info/directions.

...HRC (Human Rights Campaign), is the largest national lesbian and gay political organization, with members throughout the country. We effectively lobby Congress, fight anti-gay initiatives, and educate the public to ensure that lesbian, gay, bisexual, and transgender (LGBT) Americans can be open, honest, and safe at home, at work, and in the community. Please visit us at www.hrc.org.

...Lambda Legal is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, the transgendered, and people with HIV or AIDS through impact litigation, education, and public policy work.

... National Gay and Lesbian Task Force (NGLTF) is the national progressive organization working for the civil rights of gay, lesbian, bisexual and transgendered people, with the vision and committment to building a powerful political movement. Please visit us at: www.ngltf.org.

Social Groups...

...The Central Pennsylvania Womyn's Chorus brings together a diverse group of women, united by the joy of singing to celebrate and empower women and to affirm a positive image of lesbians and feminists. We welcome new singers, board members, volunteers, and contributors. Rehearsals are every Monday night in New Cumberland. For directions and more information, email info@cpwchorus.org, or call (717) 234-4825. Want to know more about us? Visit our website: www.cpwchorus.org.

...The Lesbian Alliance of South-Central Pennsylvania. Activities include potlucks, bi-monthly newsletter, media liason, & any other event that the group is willing to take on. Membership dues are \$10 per household. To get on the mailing list or for more information, call Cindy at (717) 848-9142.

.BAGAL (Business Association of Gays and Lesbians) is a South Central Pennsylvania Association of Lesbian & Gay professional & business people offering networking, community service and social opportunities for its members and friends. BAGAL meets every other month & prospective members are invited to attend their first meeting free of charge. Annual dues are \$35 per year & payable to "BAGAL". For more information, address questions and/or payments to: BAGAL, PO Box 135, Harrisburg, PA. 17108-0135, or call (717) 612-8445

.. HOWL (Hanging Out With Lesbians), we are lesbians from Central Pennsylvania (Harrisburg - York - Lebanon - Lancaster) who enjoy activities in non-smoking environments. Activities include: concerts, dinners, brunch, movies, camping, golf, picnics, hikes, plays, game nights, femme flick fest, and anything else that sounds fun! If you'd like to join us, please send an email to: howlofpasubscribe@yahoogroups.com.

...The Women's Circle is a group of lesbians and allied women whose mission is to foster a community in which lesbians are empowered to live to their fullest potential, to create a unified community while offering a safe place to gather and build confidence, skills and connections. Participants include a broad spectrum of women ranging in age and life experience. Activities include our annual retreat and mentoring for the young women at Common Roads. Check us out at: www.womenscircle.org.

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Theatre....

AT THE FULTON THE TURN OF THE SCREW JANUARY 26 - FEBRUARY 12, 2006

Can evil exist in physical form? Or are demons merely the products of an overactive imagination? Over a century ago, the masterful Henry James invited readers to decide for themselves in his psychological thriller that's been called "The granddaddy of all ghost stories."

Now, this edge-of-your-seat stage adaptation from Douglas Jones places you directly beside the ill-fated nanny who's locked in a struggle with powers she can scarcely understand. Will she save the souls of the children in her charge - or willshe lose her own in the process? And in the end, is it external or internal demons that pose her the greatest threat? This classic tale offers much to consider in society's contemporary debate on the nature of good and evil. Tickets are \$17 - \$42

OYSTER MILL PLAYHOUSE HARVEY

JANUARY 27 - FEBRUARY 12, 2006

This Pulitzer Prize winning play has become a classic American comedy and an audience favorite. Harvey created an almost serene world in which the greatest problem was the embarrassment Elwood P. Dowd causes his society-conscious sister and her man-hungry daughter whenhe introduces everone he meets to his imaginary friend Harvey, a sixfoot one-and-a-half-inch pooka in the form of a rabbit. Elwood doens't deny reality, he simply prefers an alternate version of reality - which includes Harvey - and has chosen to be pleasant rather than smart. Perhaps, in our troubled times, we would do well to visit Elwood and Harvey in this delightful play which bubbles with sheer fun. Tickets are \$12 and are available by calling: (717) 737-6768. For more info and directions: www.oystermill.com.

STRAND CAPITOL PERFORMING ARTS CENTER GEORGE CARLIN LIVE OFF BASE AND ON TARGET SATURDAY, JANUARY 14, 2006 2 SHOWS - 6 PM & 9 PM

He's irreverent! He's outrageous! He's legendary! He's belly-achingly hysterical! And there's only one.........

in two exclusive performances! Tickets are \$39 and \$42, and available by ordering online at: www.strandcapitol.org, or by calling: (717) 846-1111.

Forever Books....

Please be advised that Forever Book's physical store location will be closing sometime in Janaury 2006. We will be restructuring the business to be Internet based, so our website will remain operational.

From now until we close, we willbe having a 50% off sale every Saturday. (Sale is for in-store purchases only, excludes consignment items, and is not valid with any other offers.) Don't miss out on these incredible savings!!

Forever Books is located at: 41 Front St., Steelton, PA.

Website: www.foreverbooks.biz. Please support our local bookstore!! Anna has taken control of her life.
As a lesbian, she has taken a major step toward protecting the future that she wants.



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*Consult your professional tax advisor before making any decisions.

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BETTY....

The all girl band that performs the theme song to the L Word will be playing in Washington DC for 6 weeks beginning December 21 and ending January 29, 2006. They have also made guest appearances on the L Word. This band rocks!!

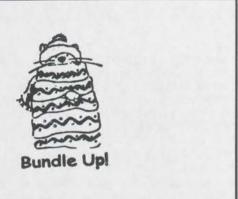
They will be appearing at Theatre J in Washington DC. Tickets range in price from \$32 - \$39. Tickets can be purchased online at: www.boxofficetickets.com. Check your calendars and make plans to see these rocking women!

You can learn more about Betty at: www.hellobetty.com.

L Word....

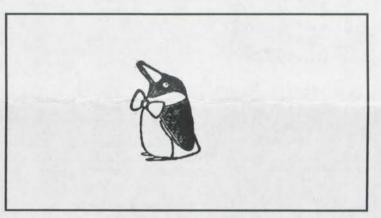
January 8 is the date for the premiere. Season 3 is billed as the most dramatic season yet!

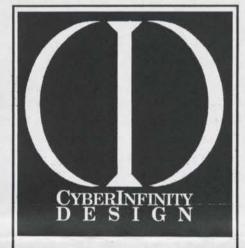
For more of the L Word and a sneak peak at an episode from the new season, please go to: http://www.sho.com/site/lword/home.do.











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Website of the Month:

HTTP://WWW.CASTAWAYCRITTERS.ORG/

Please check out my friends at Castaway Critters! This is a very worthwhile animal rescue group and they have a very informative website.



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Health Spotlight

Many times people label their aches and pains as "just getting old" or "a little arthritis," and try to forget about them. Sometimes though, aches and pains are telling you that something is seriously amiss, as is the case with the little known and often misdiagnosed problem of peripheral artery disease(PAD). PAD is actually a red flag warning of a future heart attack or stroke.

The classic symptom of PAD is pain of one sort or another that can include a tired feeling, dull tenderness, sharp twinges and shin-splints (an inflammation of the thin layer of tissue that covers the bone) in the legs that develop after a few minutes of walking. Although the pain is nearly always in the calf muscle, it might appear in the thighs or buttocks. The pain goes away with a few minutes of rest, but it returns quickly as soon as you resume walking.

About 10 million Americans suffer from PDA, which is nearly always caused by plaque buildup in the arteries that affects the legs and occaisionally the arms. When plaque buildup narrows the artery, it reduces the flow of oxygen-rich blood to the limb. For about 75% of people with PAD, the reduced blood flow doesn't cause symptoms, but for others, the most prevalent symptom is unmistakeable, since the pain when walking can become debilitating. Many people describe it as similar to a cramp, while others report a sensation of heaviness or immobility.

There is a lot of info on this that I don't have room for here.

To learn more about PAD, please visit:

http://www.vdf.org/PAD/index.php

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